

College Connection "2010"



"Skills Video at UMA"

College Connection has designed small group video sessions to help athletes improve their individual skills through technology or create specialized videos for use in recruiting. Participants will be filmed in specific skills and drills (i.e. receiving, passing, running with stick/ball and ball possession skills) that are recognized as important elements for playing field hockey. Each athlete is given multiple opportunities to perform each skill or drill. Practice trials of skills/drills will be provided before the actual filming begins. Once the skills video session is complete, the video footage can be used as is, or edited.

**** Registrations for the College Connection Skills Video are limited and accepted on a first-come first-serve basis.****

Participant Information

- Complete the **"Skills Video MENU"** and **FAX or EMAIL the form with your payment.** Once received, the MENU will serve as your registration. Confirmation of your participation will be sent via email. Please remember that registrations for the skills video sessions are limited and will be accepted on a first come first served basis.
- Video Groups will be scheduled for Friday, 12 noon -3pm prior to check-in and Monday from 12:30 – 4pm following check-out. Both of sessions will be held on Garber field. Please plan to arrive at your video sessions on time, dressed and ready for play, wearing your College Connection Numbered Vest. The Friday group will be given their vest upon arrival at the field.
- Please have your equipment with you, including shinguards, water bottle, and the correct footwear. Skills will be filmed on the water-based turf that may be intentionally wet. Please be sure you have both "turf shoes" and flats (cross trainers) with you for your sessions.
- Skills Video Format: each individual will be part of a small group participating in a rotational circuit of technical skills, skill drills, and agility drills. Each participant will be given a short practice prior to each drill segment. Several trials of each segment will be filmed. Goalkeepers will have a specialized skills set and will need to be in full equipment.

College Connection

PO Box 9
Hadley, MA 01035
413-256-4258
phixon@whitemountainsports.com

www.whitemountainsports.com

College Connection 2010

Skills Video "Menu"

College Connection @ UMA

Please select date: **6/18, Friday 12 noon – 3pm**
6/21, Monday 12:30 – 4pm

Last Name _____ First Name _____

Mailing Address: _____

Parent / Guardian Email Address: _____

YOG _____ Position _____ Vest Number: _____
 (Filled in on site)

College Connection Team _____
 (Filled in onsite)

The CC@ UMASS Skills Video Circuits will be conducted on Friday and Monday.

Please select your Options and complete the form.

- o Please be aware that a \$50.00 – non-refundable deposit is included in the skills video fee.
- o Shipping and handling is included in all fees.

► **Option 1**

- "Option 1" includes: **\$175.00**
- o 1 copy only – raw (unedited) individual skills
 - o Raw footage will be delivered on a Flash Drive for ease of use
 - o Raw footage will be formatted as an .MOV file
 - o Delivery by Priority Mail

► **Option 2**

- "Option 2" includes:
- 1 edited skills DVD with personalized with transitions, music, head shot, and brief bio.
 - Production Delivery by Priority Mail **\$275.00**
- Addition copies
- 10 DVD Copies – 10 total copies **\$100.00**

► **Option 3**

- "Option 3" includes: **\$ TBD**
- Posting your resume, CC skills video and CC game footage on "THE COACHES EYE" website. The cost of this option will be determined by the services desired.
 Please call to discuss this option if interested.

Total Payment: \$ _____

Credit Card (circle one) Master Card or Visa

(A \$5.00 processing fee will be added to your authorized payment)

Card Number: _____

Expiration Date _____ Billing Zip Code _____

Fax "Menu" with Payment to: 413-825-8474 ♦ Email "Menu": phixon@whitemountainsports.com

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